Pelican Publishing Company

2006 SPRING CATALOG

BROWNIES to die for!
THE COMPLETE GUIDE FOR BROWNIE LOVERS

PELICAN PUBLISHING COMPANY
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**BROWNIES TO DIE FOR!**  
*By Bev Shaffer*

Stop and smell the chocolate with over 100 brownie recipes, from the traditional to the decadent.

“Wow! Just reading about Bev Shaffer’s collection of sensational brownies made me uncontrollably hungry and eager to dash into the kitchen and start baking.”  
— Elaine Gonzalez, master chocolatier emeritus and author of *The Art of Chocolate*

Written by award-winning chef, culinary instructor, food columnist, and bakery director Bev Shaffer, this tasted-and-tested collection spans the brownie spectrum. In addition to a history of brownies, baking basics, and useful information on chocolate, the recipes collected here include everything from classics like Deluxe Brownies with Caramel Sauce and Swirled Brownies to more adventuresome suggestions like Raspberry-Mascarpone-Filled Brownies, Kahlua Brownies, Macadamia-Nut White Brownies, Cappuccino Brownies, and much more. A chapter on “Brownies as Art” will encourage you to dip, dunk, and layer your once-basic brownies, and another chapter on frostings and glazes will further inspire you to make that special brownie even more irresistible.  

Presented in the humorous and down-to-earth style of author and radio and television personality Bev Shaffer, this book invites you to join in her passion for food, baking, and fun. Specializing in creating uncomplicated recipes and calming food phobias, Shaffer includes her usual measure of tips, techniques, and encouragement with each tablespoon of chocolate.

Bev Shaffer is an author, food writer, and culinary instructor, as well as the director of Mustard Seed Market and Café Cooking Schools in Akron and Solon, Ohio. She is a columnist (“Ask Bev”) for the Cleveland Plain Dealer Sunday Magazine and her weekly radio spot on Akron, Ohio’s WAKR’s “Morning Drive Time” program features quick and easy seasonal recipes with tips.

A member of the International Association of Culinary Professionals, Chefs Collaborative, and Women Chefs and Restaurateurs, Chef Shaffer is also a founding member of Les Dames d’Escoffier, Cleveland-Northeastern Ohio Chapter.

224 pp. 8½ x 10  
44 color photos  Index

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**Author’s Hometown:** Seville, OH
THE TURKISH DINING TABLE
RECIPIES FOR HEALTH AND HAPPINESS
By H. Güler Vural

A comprehensive volume of both familiar Mediterranean-style food as well as Ottoman palace-inspired treats. French, Italian, Persian, and Arab influences are recognizable in this thorough cookbook containing over 300 recipes, including lentil and mint soup, stove-top kebab, tarator, rice pilafs, and baklava. Folk wisdom and parables about nourishment, food preparation, and dining that are inherent in Turkish cuisine traditions add cultural background to the recipes, and colorful photos on each page make this an inspiring and easy-to-use introduction to Turkish dining.

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NEW TITLES

THE CHICKEN LITTLE AGENDA  
DEBUNKING “EXPERTS’” LIES  
By R. G. Williscroft

A scientist debunks the hysteria and distortions created by the environmental movement and emphasizes America’s need for social improvement.

Author R. G. Williscroft, who served for 23 years with the U.S. Navy and National Oceanic and Atmospheric Administration, firmly establishes that the sky is not falling—the global greenhouse is not out of control, the ozone layer is still there, and the Cold War is over. This fascinating and accessible book reviews the scientific evidence of environmental concerns such as global warming, the dangers of nuclear power, and shortage of water. The author argues that most of these concerns are misplaced and emphasizes instead the real crisis in education, the intrusion of big government, and the decline of morality.

Dr. Williscroft is a retired submarine officer, deep-sea diver, businessman, writer, and life-long adventurer. Among other activities, he spent 22 months underwater, a year in the equatorial Pacific, three years in the Arctic ice pack, and a year at the geographic South Pole. His articles appear regularly in mensnewsdaily.com and in the popular online periodical Defense Watch Magazine. He received his B.S. in oceanography and meteorology from the University of Washington in 1969, and his M.S. and Ph.D. in engineering from California Coast University in 1980 and 1983, respectively.

WHY JEWS SHOULD NOT BE LIBERALS  
By Larry F. Sternberg

“This is a must read for all Jews” — Dr. Laura Schlessinger

This Conservative Book Club Alternative Selection, here in its revised, first paperback edition, makes a powerful argument that the principles of Judaism are at odds with the realities of modern liberalism. Larry F. Sternberg chronicles how President Roosevelt wooed Jewish voters to the liberal cause during the Great Depression, despite documented historical evidence proving that Jews are better served by America’s conservative leadership. Topics discussed include government interference, gun control, abortion, affirmative action, and healthcare.

Larry F. Sternberg, an active member of the Republican Jewish Coalition, served in the United States Navy before beginning his career as a certified public accountant and executive.
BEST EDITORIAL CARTOONS OF THE YEAR: 2006 EDITION
Edited by Charles Brooks

“If you are a fan of political cartoons or cartooning in general, this series is well worth following regularly.”
— Hogan’s Alley, the online magazine of the cartoon arts

“A ‘must’ addition to high-school, college, university, or public library system collections.”
— Midwest Book Review

Last year was a big story year. The greatest natural disaster in U.S. history, Hurricane Katrina, tore up the Gulf Coast, then Hurricane Rita hit the Texas/Louisiana border. John Roberts became our Supreme Court chief justice and first Harriet Miers and then Samuel Alito were nominated to replace retiring justice Sandra Day O’Connor. The Iraq war continued, and two terrorist attacks in London reminded us all to be vigilant. President Bush’s approval ratings reached an all-time low, and the deaths of Pope John Paul II, Judge William Rehnquist, and Terry Schiavo all had surprising ripple effects. “Deep Throat” was revealed, as was the use of steroids among professional baseball players. Israel withdrew from Gaza, and Syria withdrew from Lebanon.

All in all it was an exciting year for cartoonists and more than 150 are represented here in this 33rd annual edition, including work from Pulitzer Prize-winning artists, the year’s major award-winning cartoons, and the best work from Canadian cartoonists.

Series editor Charles Brooks is past president of the Association of American Editorial Cartoonists and was a cartoonist for the Birmingham News for 38 years.

BLOOD MONEY: THE CIVIL WAR AND THE FEDERAL RESERVE
By John Remington Graham

The origins of the Federal Reserve.

The author chronicles how the divisive antagonisms between the North and South, finally erupting in the spring of 1861, were deliberately agitated by great international banking houses with the goal of provoking secession. According to Graham, these private interests fully succeeded and set up a huge financial empire centered on Wall Street, using public debt as the source of their wealth. This watershed book explores the economic causes of the Civil War, revealing how the Civil War would not have happened had it not been planned and fomented by Northern capitalists.

Author John Remington Graham also wrote A Constitutional History of Secession ($24.95). A former law professor and experienced trial lawyer, he served as an advisor on British constitutional law and history to the amicus curiae for Quebec in the Quebec secession case decided in 1998.
QUILTS SOLD!
A Guide to Heirloom and Antique Quilts
By Dave and Kathy Prochnow

Complete guide to buying, selling, creating, and preserving antique quilts.

This illustrated handbook features descriptions and actual selling prices for historic quilts sold, reflecting the authors’ 15 years of research at auction and estate sales. There are also invaluable hints for starting a collection, caring for old quilts, and making new ones based on vintage patterns.

Authors Dave and Kathy Prochnow have written popular nonfiction and how-to books on a variety of topics. Mrs. Prochnow’s column, “Auction Blocks,” written for Traditional Quilter magazine in the late 1990s, was the inspiration for Quilts Sold!

WHAT CELEBRITIES COLLECT!
By Michele Karl
Foreword by Robin Leach

VIP pass to the secret treasures of the stars.

Drawing on her interviews with dozens of celebrities, Michele Karl offers examples and actual photographs of the collections of some of our favorite stars. From John Travolta and his aviation memorabilia to Sarah Ferguson with her favorite china, this book offers a sneak peak at what over 50 celebrities love to love. Includes a section on celebrity-inspired collectibles.

Michele Karl has written about collecting for many magazines, including Ebay Magazine and Mary Beth’s Bean Bag World. She is also the author of Greetings with Love: The Book of Valentines ($19.95).
**MEMORY’S KEEP**  
By James Everett Kibler

“In James Everett Kibler we find a member of a quickly diminishing breed: the man of letters.” — Randall K. Ivey in Southern Partisan

“Kibler has developed a theme that has long defined both Southern history and literature: the deep, metaphysical connection between the Southern character and temperament and the natural world . . . a graceful articulation of the agrarian vision.” — Walter Sullivan

Kibler is known for his lyrical and poignant tales of Southern agrarianism and his critical examinations of the modern world. In his latest novel, the same themes are explored in the story of Mister Pink Suber, whose five children have moved away after the death of his wife. Alone, he goes on tending his land and livestock while mentoring his young neighbor and friend in the ways of farming and life.

Born and raised in upcountry South Carolina, James Everett Kibler spends much of his spare time tending to the renovation of an 1804 plantation home and the reforestation of the surrounding acreage. He is the author of *Our Fathers’ Fields: A Southern Story* ($19.95 pb), for which he was awarded the prestigious Fellowship of Southern Writers Award for Nonfiction in 1999, *Child to the Waters* ($19.00), a collection of Southern fables, and a novel, *Walking Toward Home* ($22.00), all published by Pelican. He divides his time between Whitmire, South Carolina, and Athens, Georgia, where he currently serves as a professor of English at the University of Georgia.

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**HOW CELTIC CULTURE INVENTED SOUTHERN LITERATURE**  
By James P. Cantrell

Examines how the spirit that animates Southern writing is rooted in Celtic culture.

This book of literary criticism presents persuasive historical and literary evidence that it was the South’s Celtic, or Scots-Irish, settlers who had the greatest impact on Southern culture, influencing politics, religion, music, family life, and approach to war. From the fringes of Great Britain, the Scots, Irish, Welsh, and Scots-Irish developed the distinctive culture that is Southern.

James P. Cantrell is a native of Warren County who currently lives in Germantown, Tennessee, with his wife and their two sons. He learned the Gaelic and Cymric languages in order to specialize in Irish literature while working for his M.A. at the University of North Carolina at Chapel Hill. Mr. Cantrell later earned his Ph.D. in American literature with an emphasis on Southern literature from the University of Arkansas.
THE NEW ORLEANS PROGRAM
EAT, EXERCISE, AND ENJOY LIFE
By David A. Newsome, M.D., and Chef John Besh

Life's too short not to laisser les bons temps rouler, but you can stay healthy too!

New Orleans has long been known for its joie de vivre, but in 2004 it was voted the country's most unhealthy city. Chef John Besh and Dr. David Newsome have combined their love of good food and good health to turn this trend around, and to demonstrate that you can stay fit without losing your sense of humor. Using the best that the spirit and culture of the Big Easy has to offer, The New Orleans Program: Eat, Exercise, and Enjoy Life recipe book is emphatically not a diet book. According to the authors, “Diets create unhappiness. We seek healthier and more vital lives for ourselves and our loved ones.” With over 97 recipes tied to events and celebrations from Mardi Gras to Jazz Fest, Dr. Newsome and Chef Besh intend to inspire people around the country to embrace their belief in “sustained and pleasurable health.” Dr. Newsome also includes a foreword about Hurricane Katrina and its impacts.

David A. Newsome, M.D., is the president of the Retinal Institute of Louisiana and was a clinical professor of ophthalmology at Tulane University School of Medicine from 1988-1995. He received his medical degree from Columbia University.

Named one of Food and Wine magazine’s Top 10 Best New Chefs of 1999, Chef John Besh is a graduate of the Culinary Institute of America. In 2001, he opened Restaurant August in New Orleans, which was named one of Travel + Leisure’s Top New Orleans Restaurants and listed on Gourmet’s Guide to America’s Best Restaurants.

RECIPES FROM MULATE’S
By Monique Boutté Christina
Foreword by Angie Delcambre Broussard

A cookbook from the restaurant known as the “king of Cajun dine and dance halls”

Mulate’s has been a cornerstone of Cajun country’s proudest traditions of food, music, and love of good times for over 15 years. Now you can try your hand at customer favorites like blackened alligator, Mulate’s crabmeat stuffing, Zydeco Gumbo, Mulate’s homemade bread pudding, and more.

Author Monique Boutté Christina, daughter of founder Kerry Boutté, has worked in nearly every role at Mulate’s. She now runs the New Orleans restaurant with her husband, Murphy.
COOKING WITH CRAZY CHARLEY IV: CAJUN AND CREOLE CUISINE
By Charley Addison and Ruth Addison
Foreword by Julius Champagne

A recipe book celebrating Cajun culture, inspired by Crazy Charley's famous sauces.

Unabashed promoters of Cajun culture and Cajun country, “Crazy Charley” Addison and his wife, Ruth, introduce readers to Cajun history, lore, legend, and most importantly, lots of food and laughter.

Charley and Ruth Addison run Crazy Cajun Enterprises in Placerville, California, where they make a variety of Cajun and Creole sauces. They are the authors of three other Cooking with Crazy Charley cookbooks.

THE 100 GREATEST CAJUN RECIPES
By Jude W. Theriot

One hundred select recipes containing the heart and soul of the Cajun culinary spirit.

In his seventh cookbook, Cajun chef Jude Theriot has compiled what he considers the core recipes of Cajun cuisine. From boiled crawfish, crabmeat au gratin, and shrimp gumbo to chicken étouffée, Chef Theriot has distilled the essence of Cajun cooking with his signature easy-to-follow, hearty recipes.

Chef Theriot is a certified culinary professional and was executive chair of the International Association of Culinary Professionals Foundation from 1997 to 1998. He is the author of five cookbooks geared towards healthy Cajun living: Cajun Low-Carb ($24.95), Cajun Healthy ($22.95), Cajun Quick ($22.95), La Cuisine Cajun ($16.95), and New American Light Cuisine ($12.95). His first cookbook, La Meilleure de la Louisiane ($16.95 sp), offers a comprehensive picture of the culinary arts and cuisine of Louisiana.

THE 100 GREATEST NEW ORLEANS CREOLE RECIPES
By Roy F. Guste, Jr.

Featuring the most famous, the best, and the simplest of Creole cookery.

From “Haute Creole” entrées to hearty red beans and rice, Roy F. Guste's recipes make Creole cooking elegant and effortless. Within these 100 recipes lies the key to the true flavor of Louisiana's Creole food: simplicity of process and fresh ingredients.

Guste, a former proprietor and chef of Antoine's, the oldest New Orleans restaurant, has been writing cookbooks for 30 years.
ABRAHAM LINCOLN’S EXECUTION
By John Chandler Griffin

John Wilkes Booth—just a tool in the hands of Andrew Johnson and Edwin Stanton?

The author argues that Lincoln’s very lenient Reconstruction policies for the South led to a conspiracy by Edwin Stanton, secretary of war, Andrew Johnson, vice-president, and high-ranking radical members of Congress to order his “execution.” They were motivated by a desire for power but they also opposed Lincoln’s recently announced program of amnesty for the South. The author presents compelling evidence that Booth was not shot down but in fact escaped, thanks to his collaboration with Johnson and Stanton. This is an excellent and timely rebuttal to the recent popular book Team of Rivals: The Political Genius of Abraham Lincoln by Doris Kearns Goodwin, who claims that Lincoln mastered his cabinet and was able to gain the respect of its discordant members.

A distinguished professor emeritus at the University of South Carolina, Dr. John Chandler Griffin has published over 14 books, most recently A Pictorial History of the Confederacy.

NATHAN BEDFORD FORREST’S ESCORT AND STAFF
By Michael R. Bradley

The first book chronicling the forces who served the legendary figure. Nathan Bedford Forrest has been an inspiration for biography and fiction for over a century, and those who rode with him have taken on the same mythic persona as Forrest. In this close look at his staff, author Michael Bradley proposes that Forrest’s stature and the stature of his men were not mutually exclusive; rather one helped shape the other. The book offers new perspectives on the fact and fiction surrounding Forrest and his men and includes the previously unpublished minutes of the association formed in 1877 to keep alive memories of when they “rode with Forrest.”

Since 1970, Dr. Bradley has taught U.S. history at Motlow State Community College in Lynchburg, Tennessee. He earned undergraduate degrees at Samford University in Birmingham, Alabama, and New Orleans Baptist Theological Seminary, and a master’s degree and Ph.D. from Vanderbilt University. He has written extensively on the Civil War, including five books in print and numerous articles, book reviews, and papers with topics relating to church and civil society. In 1994, he was awarded the Jefferson Davis Medal in Southern History.
ROBERT E. LEE’S LIGHTER SIDE
THE MARBLE MAN’S SENSE OF HUMOR
Edited by Thomas Forehand, Jr.

The lesser-known side of the well-known general.

Even though Lee was famous for his humorous letters, the extent of the topics he joked about is unknown to the average Civil War buff.

Thomas A. Forehand, Jr., has spent most of his life in the field of public and religious education and currently works as a civil servant. In 2004, he was awarded the Robert E. Lee Award from the Tennessee Division of the Sons of Confederate Veterans.

THE CLANSMAN
AN HISTORICAL ROMANCE OF THE KU KLUX KLAN
By Thomas Dixon, Jr.
Illustrated by Arthur I. Keller
Foreword by James P. Cantrell

Reconstruction-era novel with a new foreword.

Faced with a total breakdown of law and order after the Civil War, some Southern leaders called upon the spirits of their ancestors, the clansmen of Old Scotland to create the Ku Klux Klan, an “Invisible Empire” pledged to protect the people of the South. This Klan, disbanded in 1869, was totally different from the one resurrected in the 1920s.

Thomas Dixon, Jr.’s “Trilogy of Reconstruction” includes The Traitor ($18.95 pb) and The Leopard’s Spots ($18.95 pb) and was made into D. W. Griffith’s cinema masterpiece, Birth of a Nation.

James P. Cantrell also wrote How Celtic Culture Invented Southern Literature. (See p. 5.)

PLANTERS, PIRATES, AND PATRIOTS: HISTORICAL TALES FROM THE SOUTH CAROLINA GRAND STRAND
By Rod Gragg

Historical vignettes of the Grand Strand’s diverse array of heroes, smugglers, and settlers.

The South Carolina Grand Strand—popularly known as the Myrtle Beach region—is only 55 miles long, yet few coastlines have a richer, more colorful history. Numbered among its parade of colorful characters are hardened explorers, seasoned woodsmen, remarkable women, famous soldiers, powerful politicians, violent men, and gifted visionaries.

Author Rod Gragg is a professor of history in the Southern studies program at Coastal Carolina University.
DEN OF MISERY: INDIANA'S CIVIL WAR PRISON
By James R. Hall

An exposé of the Union's notorious Camp Morton.

Much has been written about the horrors of Southern Civil War prisons, but very little has been written about the deplorable conditions inside Northern prisons. While deprivation affected even the civilian population of the South, the North used it as a tool to punish their prisoners. Twenty-five years after the war, a nationally prominent physician and medical researcher who had been incarcerated at Indiana's Camp Morton leveled accusations against that prison, making clear for the first time that it was as inhumane as Andersonville. This book details the cover up and denials by prominent Union politicians and military officials, and includes a complete prisoner list.

Author James Hall is a journalist who worked for the Shelbyville (Indiana) News, an award-winning daily newspaper, from 1979 to 1992. From 1995 to 1999, he was a feature writer for the Indianapolis Star, and he has been a freelance writer for many years for a number of publications, including the Saturday Evening Post and Civil War Times Illustrated.

ANTITETAM: THE LOST ORDER
By Donald R. Jermann

The true story of the lost battle plans that led to the bloody battle of Antietam.

Under the fantastic set of circumstances at Harper’s Ferry, the Confederates lost and the Union recovered a copy of Confederate battle plan Special Order 191. “If I can’t beat Bobby Lee with this piece of paper, I will be willing to go home,” said Union army leader George B. McClellan upon reading the document. The rest, of course, is history. Although many books have been written about the battle of Antietam, no book yet has been devoted exclusively to the lost order that resulted in Lee’s failed invasion. With as much emphasis given to human foibles as to troop movements, this book will appeal to a wide audience beyond Civil War devotees.

Author Donald Jermann served as a U.S. naval officer in both the Korean War and the Vietnam War. He was a founding member of the Armed Forces Security Agency, the predecessor of the National Security Agency. He currently works as a part-time consultant to the Department of Defense. Long-time Civil War buffs, he and his wife have nine children, with whom they have spent countless weekends exploring Civil War battle sites in Maryland and Pennsylvania.
TWENTY-SEVENTH LOUISIANA VOLUNTEER INFANTRY

By Terry G. Scriber

First book about these Civil War soldiers.

This regimental history focuses on the first infantry division assigned to the defense of Vicksburg, Mississippi. Featuring archival photographs and an extensive biographical register, the book also includes driving directions to soldiers’ grave sites.

Terry G. Scriber’s great-great-grandfather was a corporal in the Louisiana Infantry’s Company B.

THE CONFEDERATE NINTH TENNESSEE INFANTRY

By James R. Fleming

“It’s a war story of hard times and sore feet.”

— James Allen Smith, historian

Using the soldiers’ actual letters, memoirs, war records, and obituaries, James R. Fleming documents this immortal “band of brothers,” which included five of his own ancestors, as they endure the privations of life on the Civil War’s western front. This valuable historical and genealogical resource also includes discussions of the battles at Columbus, Perryville, and Atlanta, as well as the regiment’s Order of Battle and a regimental roster containing approximately 1,100 official war records from the Compiled Service Records.

James R. Fleming, a graduate of the University of Tennessee at Martin, was awarded the Jefferson Davis medal for excellence in preservation and research of Civil War history by the United Daughters of the Confederacy.
MIDLIFE TUNE-UP
Six Simple Steps
By Tim Burns

Strategic advice on answering your midlife wake-up call.

Offering solid suggestions based on life experience, entrepreneur and Louisiana state representative Tim Burns explains his tune-up approach and how he used these techniques to refine his own career path, revisit his spiritual life, and revitalize his relationships. Written in an organized and upbeat manner, Burns’ book outlines a six-step program that when followed with commitment can help one thrive during midlife.

Author Tim Burns is a member of the Louisiana House of Representatives, a practicing attorney, CPA, and an adjunct professor at Tulane University in New Orleans, his alma mater.

IF THESE ARE LAUGH LINES, I’M HAVING WAY TOO MUCH FUN
By Rose Madeline Mula

A collection of rants, nostalgia, and hilarious encounters.

This collection of 45 short, humorous essays is for anyone who has ever been annoyed or amused by the modern world. From everyday frustrations like those in “It was Here a Minute Ago,” about misplacing keys and favorite recipes, to more eccentric experiences like those in “How I Found God in Limbo-Land,” about sharing a Bermuda resort with evangelical square dancers, Rose Mula knows how to laugh at herself and the world she inhabits.

Rose Madeline Mula’s work has appeared in the Saturday Evening Post, Yankee, Modern Maturity, the Christian Science Monitor, the Baltimore Sun, and more than 100 other magazines and newspapers. She writes a monthly column for www.seniorwomen.com.

MOTTOES FOR MANAGING
By J. Robert Parkinson

A collection of adages designed to inspire better communication at the office.

J. Robert Parkinson shows how his selection of mottoes, proverbs, and quotations, ranging from statements by George Bernard Shaw and Voltaire to more everyday observations by ordinary people, have valuable applications at work. His reflections on each quote offer advice on how to use these inspiring adages to create a workplace environment that is more productive, supportive, and encouraging.

J. Robert Parkinson, Ph.D., is an associate professor at Northwestern University and an independent communications consultant.
SIX HIDDEN MOTIVES THAT DEFEAT YOUR GOALS
By James R. Baugh

Learn to manage your motives when they interfere with your goals.

According to the author, by learning to recognize the six hidden motives that weaken our ability to succeed, we can bring them into consciousness and act intentionally instead of habitually.

A leading clinical psychologist and lecturer, Dr. James R. Baugh is also the author of Solution Training: Overcoming Blocks in Problem Solving ($15.95 pb). He lives in Jackson, Mississippi, where he is the head of a firm of psychological consultants.

DIVINE DISCIPLINE: HOW TO DEVELOP AND MAINTAIN SELF-CONTROL
By Rhonda Harrington Kelley
Foreword by Esther Burroughs

Believing in God's power to help you bring control to your life.

Noting her personal journey toward spiritual discipline, the author suggests a system of checks and balances.

Rhonda Kelley is the Director of Women's Ministry Programs at the New Orleans Baptist Theological Seminary. She was the co-editor and a contributor to The New King James Woman's Study Bible. Her book Don't Miss the Blessing Study Guide ($5.95 pb) was also published by Pelican.

SELF-DESTRUCTION MADE EASY
By Bill L. Little
Foreword by Albert Ellis

A licensed psychologist shows you how to self-destruct if you choose!

This warm-hearted, witty book dares you to cling to your neurotic symptoms, your depressions, your anxieties, and your unhealthy relationships.

Author Bill Little has been a pastor of Christ Memorial Baptist Church for over 46 years, as well as a teacher, author, seminar leader, and counselor. In 1985 he earned his Ph.D. in counseling psychology from Washington University in St. Louis.

PREVENTION: THE ULTIMATE CURE
By Bill Little

An ounce of preservation is worth a ton of cure.

Licensed psychologist and pastor Bill Little's advice for healthy living is rooted in his belief in choosing hope over despair. By offering examples of his patients at the Cancer Support Center of St. Louis to support his methods and suggestions, Little demonstrates that we all have power over our bodies.
NEW TITLES

HILL COUNTRY COOKIN’ AND MEMOIRS
By Ibbie Ledford

Traditional Southern recipes served up with a dollop of Tennessee love.

Author Ibbie Ledford shares some of her recipes and personal memories, which will take you back to a simpler time. Her deliciously funny and warmly touching tales of growing up poor but well provided for in rural Tennessee will tickle your funny bone, and her savory recipes will whet your appetite for some good, down-home Southern cookin’!

Ibbie Ledford is a homemaker and writer living in Linden, Tennessee, with her husband, Willie. One of 10 children, Ledford has also written Y’ALL COME BACK, NOW: RECIPES AND MEMORIES as a companion piece to HILL COUNTRY COOKIN’ AND MEMOIRS, as well as STORIES FROM THE HEARTS OF TWO GRANDMAS.

Y’ALL COME BACK, NOW: RECIPES AND MEMORIES
By Ibbie Ledford

Homespun country sensibilities spin into modern country cooking.

With stories as juicy and delicious as her recipes, author Ibbie Ledford has compiled a collection of her favorite foods and anecdotes about how people in the Tennessee hill country have adapted to changing times and modern progress.

LOUIS EVANS’ CREOLE COOKBOOK
By Louis Evans
Forewords by Mel Leavitt and Chef Edward A. Rhinehart

“[Evans]’ understanding of Creole cooking and infusing world flavors, without going over the edge, make his creations timeless.”

— Chef Edward A. Rhinehart

Executive chef at the Caribbean Room, as well as chef at the popular Kabby’s restaurant, the late Chef Louis Evans established a reputation as one of the most creative and skilled Creole chefs in the nation. The first black chef in history to be admitted to the exclusive Order of the Golden Toque, Evans utilized his unique talent and distinct blending of flavors to create some of New Orleans’ finest Creole dishes. In his new foreward, Chef Rhinehart, silver medalist of the 2000 Baton Rouge Culinary Classic and outstanding contributor to the 2001 Acadiana Culinary Classic, enthusiastically praises Evans’ ability to teach kitchen secrets to both trained chefs and home cooks.
BRITISH VIOLIN MAKERS
By W. Meredith Morris
Foreword by Benjamin Hebbert

Musical craftsmen of the British Isles.

The classic, comprehensive reference to the subject features a biographical dictionary of craftsmen, along with many of their signatures and marks. The new foreword by music scholar Benjamin Hebbert explains the important role British violin makers played in the development of the instrument.

Rev. W. Meredith Morris (1867-1921) was well known for his studies of the music, dialect, and folklore of his native Wales.

THE WATCH
HAND WORK VERSUS MACHINERY
By Henry F. Piaget

Historic treatise on the watchmaker’s art.

This late-nineteenth-century essay by a master craftsman compares the methods of making timepieces by hand or by machine and explains the merits and deficiencies of each.

LOUISIANA ALMANAC
2006-2007 EDITION
Edited by Milburn Calhoun
Assisted by Jeanne Frois

“A million facts that range from merely interesting to absolutely vital.” —Louisiana Life

For more than 50 years, this has been the authoritative guide to the Pelican State. The painstakingly updated 17th edition consists of over 700 useful pages of information for ready reference, along with a wealth of maps, charts, tables, and graphs making the data and statistics easily accessible. No Louisiana business, classroom, or library should be without a current copy.
FATHER MISSISSIPPI: THE STORY OF THE GREAT FLOOD OF 1927
By Lyle Saxon

A history of the river with firsthand accounts and photographs of the 1927 flood.

Nearly 80 years after the events described in the book, Father Mississippi stands as a unique eyewitness testament of the devastating effects of the 1927 flood in Louisiana. Saxon’s description of the discovery, exploration, and settlement of the delta combined with his collection of personal accounts makes for a compelling blend of personal, political, geographical, and historical facts. The book, considered as much a documentation of the disaster as an impassioned plea for help, demonstrates just how volatile an environment the Mississippi River region was and continues to be.

A MARMAC GUIDE TO LOS ANGELES AND NORTHERN ORANGE COUNTY
5th Edition
Edited by Arline Inge

Updated guide to all aspects of L.A. life.

Known as the center of the entertainment business, Los Angeles is actually a city of unparalleled economic and industrial diversity. This comprehensive new edition boasts updated information for both the tourist and the business traveler, as well as tips for new residents.

Arline Inge is a member of the Society of American Travel Writers.

CRUISING THE FLORIDA KEYS
SECOND EDITION
By Claiborne Young and Morgan Stinemetz

Updated guide to the Florida Keys.

Offers the latest how-to-do-it and where-to-get-it information from Miami all the way to the Dry Tortugas. Whichever side tickles your fancy—the inside route via the Intracoastal Waterway or the Hawk Channel option along the south shore of the Keys—the authors have already pinpointed the best anchorages, marinas, fuel stops, repair facilities, and other attractions, including the many things to see and do in Key West.

Claiborne Young, whose books with Pelican have become the gold standard for cruising guides, edits the online cruising newsletter, Salty Southeast. Morgan Stinemetz also wrote Bubba Whartz Stories ($12.95 pb).
THE MAVERICK GUIDE TO BERLIN: 3RD EDITION
By Jay Brunhouse

Updated guide to dining, entertainment, and accommodations in Berlin.

Located at the geographical center of Europe, Berlin is the gateway between East and West and the fourth-most-visited city in Europe. Here, find reliable and thorough information on both the finest as well as budget-priced accommodations.

A widely published free-lance travel journalist, Jay Brunhouse learned the German language at the Goethe Institute near Munich, West Germany. He earned his B.S. degree from the University of California at Berkeley, and an A.A. degree in travel from West Los Angeles College. He is an active member of the Society of American Travel Writers.

THE AUSTRALIA BED & BREAKFAST GUIDE: 2006

Australia's leading guide to accommodations with character.

First published in 1989, this book has established a reputation as the best boutique accommodation guide in Australia. Regionally organized with color photographs, listings include price, meals, contact information, facilities for handicapped guests, policies on children, and tips on nearby attractions. All properties are inspected to ensure excellent hospitality, and listings provide contact information for innkeepers.

THE NEW ZEALAND BED & BREAKFAST GUIDE: 2006

Detailed guide to over 1,000 private homes and hotels in the diverse land of the Kiwis.

For the traveler seeking excellent hospitality and a taste of how real New Zealanders live, this thoroughly expanded and newly updated bed-and-breakfast guide is the quintessential guide to accommodations with style. The personalized listings written by the hosts themselves include full-color photographs and details of nearby attractions, meals available on-site, facilities available to handicapped guests, languages other than English spoken by the hosts, and much more.
NEW TITLES

**MERGERS**
By Steven L. Layne

Four teens from different races battle the world’s most sinister secret.

Dirk and his friends have spent their entire lives in hiding because of their racial identities. Now they must make a dangerous journey into the past with the hope of restoring the world’s natural timeline and dissolving their engineered society. Each of them has special powers—Nicci, the African Traveler, manipulates time; Mateo, the Hispanic Metamorph, alters his shape; Kēko, the Asian Empath, heals with her hands; and Dirk, the Caucasian Psyche, invades others’ minds—that they will use to conquer The Merger.

Steven L. Layne is a faculty member in the Department of Education at Judson College in Elgin, Illinois, where he teaches courses in literature and pedagogy. He also serves as a national literacy consultant, featured author, and keynote speaker at conferences and workshops throughout the United States and Canada. He is the author of five picture books published by Pelican, including the International Reading Association/Children’s Choices selections *My Brother Dan’s Delicious* ($15.95) and *The Teachers’ Night Before Christmas* ($15.95), which is also one of the best-selling books in The Night Before Christmas Series. Mr. Layne is also the author of *Thomas’s Sheep and the Great Geography Test* ($15.95) and *Thomas’s Sheep and the Spectacular Science Project* ($15.95). His novel *This Side of Paradise* ($15.99) won the 2001 Hal Clement Award for Young Adult Science Fiction. He has written two collections of poems praising parenthood: *Verses for Dad’s Heart* ($16.95) and *Verses for Mom’s Heart* ($16.95). He lives with his wife and three children in Saint Charles, Illinois.

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**THE SWORD OF ANTON**
By Gene Del Vecchio

The young-adult fantasy sequel to *The Pearl of Anton*.

Megani, a 15-year-old girl, uses her powers of the Pearl and Wizard to help the people of Trinity keep the peace. Now, for the first time in her life, she must rely upon others to help her: a mysterious historian, a warrior archer, and a strange orphan girl named Loreli. Together they must defeat the Wizard, who has the power to rob people of their free will. Whoever finds and mends the Sword of Legends will rule. But why is the Wizard so afraid of the ancient blade?

Gene Del Vecchio is the author of Atticus Award-winning *Creating Ever-Cool: A Marketer’s Guide to a Kid’s Heart* ($22.00) and *The Blockbuster Toy! How to Invent the Next BIG Thing* ($24.00), both published by Pelican. His first young-adult novel, *The Pearl of Anton* ($16.95), received a starred review from Booklist for its rich details and suspense.
WA-TONKA!
CAMP COWBOYS
By Joe Novara
Illustrated by Robert Lawson
and Kimberly Spatrisano

Nick jumps at the chance to leave Detroit and work at a horseback riding camp in northern Michigan.

Nick lives in a tiny house on the Lower East Side of Detroit, where he sleeps wedged between his two little brothers. When given the opportunity to work as a junior counselor at Wa-Tonka horseback-riding camp, he gladly leaves the city for the steep sandy hills and pine forests of northern Michigan. As one of a dozen boy counselors, he forges new friendships, learns new responsibilities, and finds acceptance and confidence.

Joe Novara grew up in Detroit in an Italian neighborhood. He lives in Kalamazoo, Michigan, where he works in communication, training, and writing.

ELEPHANT TEARS
MASK OF THE ELEPHANT
Book Two: MacGregor Family Adventure Series
By Richard Trout

The MacGregor family travels to Serengeti, Amboseli, Masai Mara, and Mt. Kilimanjaro.

"An action-packed journey for young adults through the trials and triumphs of wildlife conservation in the African bush." — Dr. Delia and Mark Owens, zoologists, authors of Cry of the Kalahari and The Eye of the Elephant

"Teens who enjoy the Discovery Channel and Animal Planet, and young adults who thrive on outdoor adventure and action stories, won't be able to put Elephant Tears down." — Gottawritenetwork.com

Dr. Jack M acGregor, once again in pursuit of protecting earth's dwindling resources and endangered animals, arrives in East Africa and collides with an international cartel that is exploiting African elephants.

Richard Trout is an environmental biologist, consultant, and full-time college professor. He speaks regularly at schools and libraries about his travels, the joy of reading, and the craft of writing his realistic adventure stories.
KATHERINE STINSON OTERO
HIGH FLYER
By Neila Skinner Petrick
Illustrated by Daggi Wallace

The true story of a girl who became a soaring success! Katherine wants to fly, but all the instructors say that she is too young and too small. When finally given a chance, she excels as a solo flyer and becomes the fourth American woman licensed to fly.

Neila Skinner Petrick is also the author of Jane Wilkinson Long: Texas Pioneer ($15.95), published by Pelican. She lives in McKinney, Texas, with her husband. The recipient of over 45 awards for her pastels, illustrator Daggi Wallace has exhibited her artwork in Germany, Italy, and throughout the United States.

TEXAS ZEKE AND THE LONGHORN
By David Davis
Illustrated by Alan Fearl Stacy

A cumulative tale about how difficult it can be to get home for dinner! Old Texas cowboy Zeke is just trying to get home for a bowl of chili, but to do so, he must encourage his newly purchased steer to enter the corral. He finally gets his bowl of chili, but not without the threat of more repetitive and rhythmic shenanigans.

David Davis is the author of the Pelican award-winning books Ten Redneck Babies and Jazz Cats, both named to the International Reading Association/Children’s Book Council Children’s Choices Top 100 List. Jazz Cats is also a 2005 Texas Golden Spur Award finalist.

Alan Fearl Stacy worked in broadcast television as a graphic artist for many years before becoming a self-employed illustrator and designer.

GORDON PARKS: NO EXCUSES
By Ann Parr
Photographs by Gordon Parks

An illustrated biography of the famous African American photographer. Gordon Parks grew up in poverty in Kansas, but his mother always told him, “Don’t come home with any excuses.” His perseverance resulted in his becoming a photographer for Life magazine, as well as a successful novelist, director, producer, screenwriter, and music composer.

Ann Parr earned her MFA in writing for children from Vermont College in 2004.
VERSES FOR MOM’S HEART
By Steven L. Layne
Illustrated by Gail Graves Klinger
This collection of poems from a child’s viewpoint includes poignant examples of the countless ways a mother supports and encourages, celebrates and comforts. “M y M other’s Love,” and “M omm a’s Boy” are some of the 19 verses that illuminate the various roles a mother plays.
40 pp. 7 x 10 35 color illus.
13-Digit ISBN: 9781589803206

WHY NOT FREEDOM!
America’s Revolt Against Big Government
By James Ronald Kennedy and Walter Donald Kennedy
In this hard-hitting political wake-up call, the authors demonstrate how modern Americans have been robbed of many freedoms promised to them by the founding fathers in the Constitution. Now the government’s swollen bureaucracy threatens middle-class Americans through larcenous taxation, an inept “political-ly-correct” educational system, and privacy-violating federal regulations. The Kennedys advocate restoring our Constitutional rights by strengthening each state’s government.
320 pp. 6 x 9 Index
13-Digit ISBN: 9781589803404

VOODOO FIRE IN HAITI
Written and illustrated by Richard A. Loederer
Translated by Desmond Ivo Veseey
Originally published in Germany in 1932, Loederer’s account of his adventures in Haiti has long been out of print. The author’s own Art Deco-style woodcuts add to the exotic appeal of this volume, which chronicles the vanishing African traditions of the island’s people.
288 pp. 6 x 9 Notes Biblio. Index
13-Digit ISBN: 9781589803626

ROLLAND GOLDEN
The Journeys of a Southern Artist
By John R. Kemp
Paintings by Rolland Golden
Foreword by M. Stephen Doherty
“He offers a new way of seeing and understanding the places we inhabit.”—M. Stephen Doherty, editor in chief, American Artist
This collection chronicles almost 200 works created over four decades and two continents, including paintings of the French Quarter, the rural South, the Appalachian Mountains, the streets of New York, the wooded New England landscape, and the villages and meadows of southern France. Rolland Golden is a three-time recipient of the National Arts Club First Place Award, a two-time winner of the Thomas Hart Benton Purchase Award, and a winner of the Winslow Homer Meritorious Award. 208 pp. 11 x 14 196 color illus.
ISBN: 1-58980-290-X  $60.00
13-Digit ISBN: 9781589802902

SUPPER AT RICHARD’S PLACE: RECIPES FROM THE NEW SOUTHERN TABLE
By Richard Jones
Peppered with stories and memories of the author’s Augusta, Georgia, upbringing, this cookbook reflects the soulful and homey atmosphere of the Queens-based restaurant. Chef Richard Jones’ love for authentic Southern food, which he calls “the original fusion cuisine,” is palpable here in recipes ideal for anyone with a desire for down-home cooking.
160 pp. 8 x 9½
ISBN: 1-58980-299-3  $21.00
13-Digit ISBN: 9781589802995

WE’RE DEAD, COME ON IN
By Bruce Davis
In January 1932, ten local lawmen approached two brothers in an isolated Missouri farmhouse. Minutes later, six officers were dead (the highest number of law enforcement officers killed on a single day until September 11, 2001), three were wounded, and the outlaws escaped. The brutal killings attracted national press and are still debated today.
304 pp. 6 x 9 32 b/w photos 3 maps
Notes Biblio.
ISBN: 1-58980-326-4  $18.95 pb
13-Digit ISBN: 9781589803268

THE TSUNAMI RESTAURANT COOKBOOK
By Ben Smith
Tsunami Restaurant chef/owner Ben Smith displays his love for “clean, uncluttered presentations” and “crisp, identifiable flavors.” Influenced by his culinary experiences from San Francisco to the South Pacific, Chef Smith includes a myriad of largely seafood-based Pacific Rim dishes and new twists on Latin American foods, as well as a nod to his Tennessee roots with some innovative Southern-inspired recipes. Tsunami Restaurant is consistently voted one of the top three restaurants in Memphis, Tennessee.
235 pp. 8 x 9½ 42 color photos
85 b/w photos Index
ISBN: 1-58980-282-9  $25.00
13-Digit ISBN: 9781589802827

THE WARLORD’S MESSENGERS
By Virginia Walton Pilegard
Illustrated by Nicolas Debon
The warlord’s presence is requested at the emperor’s banquet in two weeks, but he is 16 days away by horseback. Using their math skills and the wind, Chuan and Jing Jing reach the warlord’s camp and encourage him to use their sailing cart to travel to the feast.
32 pp. 8½ x 11 31 color illus. Ages 5-8
ISBN: 1-58980-271-3  $15.95
13-Digit ISBN: 9781589802711

PHIL AND HIS FABULOUS FEATHERS
By Frank Blazek
Illustrated by Wes Thomas
The Rockheads, a band of dirty ducks, don’t like that Phil keeps his crown of fabulous feathers on. The author’s own Art Deco-style woodcuts add to the exotic appeal of this volume, which chronicles the vanishing African traditions of the island’s people.
288 pp. 6 x 9 Notes Biblio. Index
13-Digit ISBN: 9781589803626

CZAR OF ALASKA: THE CROSS OF CHARLEMAGNE
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The MacGregor clan is now in chillingly beautiful Alaska, battling grizzly bears, jewel thieves, and ecoterrorists. While father Jack meets with oil companies and environmentalists to assess the impact of oil drilling in the Arctic National Wildlife Refuge, his children work to solve the MacGregor family’s latest mystery.
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Illustrated by Emile F. Henriquez
"Old Jordan," as he was affectionately known, tells his story to young readers in this rhyming picture storybook.
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Boxed
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GREETINGS WITH LOVE
The Book of Valentines
By Michele Karl
This exhaustive exploration of Valentine's Day showcases over 200 vintage valentines, complete with detailed descriptions, historical anecdotes, and innovative recipes.
128 pp.  8 x 9
248 color illus. Biblio.
13-Digit ISBN: 9781565549397

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MARDI GRAS
By Alice Covillion and Elizabeth Moore
Illustrated by Marilyn Carter Rougolot
A celebration of the Courir du Mardi Gras, or "Running of Mardi Gras." Through Aunt Conette and cousin Jean-Paul, Mimi learns the history and customs of this unique festival.
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ISBN: 1-56554-069-7  $15.95
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JENNY GIRAFFE'S MARDI GRAS RIDE
By Cecilia Cassi d'Arte
Illustrated by Andy Green
Jenny wants to learn about Mardi Gras, so her friends teach her about king cakes and parades. Jenny gets to ride in the Krewe of Orpheus.
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MARDI GRAS IN THE COUNTRY
By Mary Alice Fontenot
Illustrated by Patrick Soper
Staying at their grandmother's farm, Marianne and Claude will get to see their first Courir du Mardi Gras. They eagerly await the masked horsemen that ride through the countryside.
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21 illus.
ISBN: 1-56554-033-6  $12.95
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(G)
13-Digit ISBN: 9781565548459

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By James Rice
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(G)
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A bunny artist has hidden a golden egg on every page; can you find them all from A to Z? Children will easily learn about Easter while mastering their ABCs.

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Leprechauns are full of mischief. Not satisfied with the shamrocks, bagpipes, drums, and banners, they decide that Dublin’s St. Patrick’s Day parade needs something extra—a little leprechaun fun.

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In five original tales, each relating to an important Jewish holiday, Elijah aids those in need, while challenging those who have lost their faith.

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13-Digit ISBN: 9781589801783

PASSOVER LITE KOSHER COOKBOOK
By Gail Ashkanazi-Hankin
An overview of time-saving tips and general cooking advice will make Passover cooking easier and healthier.

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This Southern-tinged anecdotal collection offers universal reflections on the everyday moments that can drive a person crazy, and the heartwarming memories and amusing observations that make family and friendships worthwhile.

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