

SWEETLY SOUTHERN

*Delicious Desserts from
the Sons of Confederate Veterans*

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the Sons of Confederate Veterans*

Edited by Lynda Moreau

Foreword by R. G. Wilson



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To a generation of valiant Confederate children, who did without birthday cakes, visits from Santa Claus, and Yankee candy both during and after the War. Though no monuments were raised to them, they sacrificed much—lest we forget.

“I did not have a cake, times were too hard, so I celebrated with ironing.”

Atlanta schoolgirl Carrie Berry
on her 10th birthday, 1864
Carrie M. Berry Diary (typescript)
Atlanta History Center, Atlanta, Georgia

“. . . not a stocking hung . . . no Santa Claus for happy expectant children, no toys, no raisins or nuts, not even a cake or a piece of candy.”

Laetitia Nutt, mother of three, Christmas, 1863
*Courageous Journey: The Civil War Journal
of Laetitia Lafon Ashmore Nutt*
(Miami: E.A. Seeman, 1975), page 45

“No Sir, I thank you, Yankee candy would choke me!”

Nannie Belle Maury, age 4
Upon turning down a Union soldier’s offer of candy
*The Confederate Diary of Betty Herndon Maury,
1861-63*, ed. Alice Maury Parmelee
(Washington, D.C.: privately printed, 1938)

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Foreword

Everyone knows that one of the special things about our beloved Southland is that “old times there are not forgotten.” Southerners don’t have to be told that some of the best old times were (and are) the hours spent around the family dining table with relatives and good friends, retelling old stories, laughing over new ones, and feasting on the incredible cuisine that is so common in the Land of Cotton.

Our first cookbook (*The Confederate Cookbook: Family Favorites from the Sons of Confederate Veterans*) was such a commercial and critical success that we decided to do another one. We had so many requests for one that focused on desserts that this

time we focused on satisfying your sweet tooth. The South is known for great desserts, and you will find many old favorites, and some new ones, in these pages.

As I travel to our camps and see the dedication and hours upon hours of work that so many of our members and staff put into the Sons of Confederate Veterans each day, it is no wonder that our organization has and does accomplish so much in the name of our noble ancestors. I hope that this book, in some small way, helps to perpetuate the unique culture and heritage that we are so proud of.

Enjoy!

R. G. Wilson, Commander in Chief
Sons of Confederate Veterans
2002-2004

Acknowledgments

This book would never have been written without the ongoing participation and support of the general membership of the Sons of Confederate Veterans. I sincerely thank all the members (and their lovely wives) who so patiently answered my questions and queries, entrusted me with photos of their gallant ancestors, and agreed to help promote the book. You are all gentlemen, each and every one of you.

Special thanks goes to Commander in Chief Ron Wilson and the other members of the General Executive Council, Sons of Confederate Veterans, who believed in this project and gave me essentially a free hand in making it a reality. I am honored and humbled by your faith in me.

Army of Northern Virginia Commander and noted War Between the States artist Henry Kidd has once again taken time from his busy schedule to produce another beautiful piece of cover art for this book. I thank him for his generosity and support.

The SCV Webmaster and editors of *The*

Confederate Veteran cheerfully made room, often at the last minute, for cookbook promotion in their respective venues. Without their help, we couldn't have gotten the word out and this project would not have happened. Thanks, y'all.

Grateful acknowledgment goes to Milburn Calhoun, co-owner of Pelican Publishing Company, for taking a chance on a wild idea I had several years ago (*The Confederate Cookbook: Family Favorites from the Sons of Confederate Veterans*) and for being willing to try it again. MC, you taught me a lot and I'll never forget it.

Lastly, to my dear husband, Shannon Walgamotte, who often sees me at my worst and for some mysterious reason loves me anyway: thanks for putting up with the late nights, my monopolization of the telephone and fax machine, the messy house and nonexistent dinners, the sinking spells, and the hissy fits while I worked on this book (and the last one). I don't deserve you.

Lynda Moreau
Director—Marketing and Media Relations
Sons of Confederate Veterans

Sons of Confederate Veterans: A Century of Service, Heritage, and Honor

The Sons of Confederate Veterans is the oldest hereditary organization for male descendents of Confederate soldiers, sailors, and marines. In its 107 years of existence, the SCV has varied in size; however, as I write this, the SCV can boast that it has over 34,200 members. Currently, an average of 500 gentlemen are joining us each month. We have over 833 camps throughout the United States, Europe, and South America.

The Sons of Confederate Veterans is an historical, patriotic, and non-political organization that continues to preserve, defend, and perpetuate the true history of our Confederate ancestors, our country, and the Cause. A number of our symbols and heroes come under attack daily. The SCV has taken a positive role of heritage offence and preservation through our legal and court systems and grass roots efforts on the part of our members.

The SCV has ongoing programs at the local, state, and national levels that encourage its members to use their time, talent, and passion to promote the Cause. This wide range of activities/programs includes preservation work, marking and registering Confederate graves, hosting antebellum balls and period dances, memorial services, assisting in genealogical research, providing academic research, funding scholarships, conducting classroom and living history programs, erecting new

Confederate monuments, and preserving old ones. At the national level, we have begun a summer youth camp, the production of educational and historical videos, and conferences for chaplains. The SCV also works with other hereditary and military organizations that believe in and support the goals of the Sons of Confederate Veterans.

The 21st century will see the SCV do many historical and noble things. First was the burial of the crew of the *CSS H.L. Hunley*, the first submarine in history to sink an enemy warship. The crew, who died when the *Hunley* sank outside Charleston harbor in 1864, were finally buried on April 17, 2004 in Magnolia Cemetery, just north of Charleston.

The country will also see an injustice corrected as Capt. Henry Wirz, commandant of Camp Sumter and Andersonville Prison, will finally be exonerated for the crimes he did not commit. The night before Captain Wirz was to be executed, the United States government offered him his life in exchange for his word that President Davis was responsible for the deaths at Camp Sumter/Andersonville Prison. Even with an opportunity to save his own life, Captain Wirz refused to bear false witness against a man he had never met.

It will take courage, sacrifice, dedication, and devotion for the SCV to prevail in the 21st century. We must succeed, or the Confederate soldier's good

name and this unique part of this country's cultural history and heritage will cease to exist. It is our

Duty, and I know that our Duty will be done.
Deo Vindice!

Charles Kelly Barrow
Historian in Chief
Sons of Confederate Veterans

Why Join the Sons of Confederate Veterans?

Today there are more than 34,000 members of the Sons of Confederate Veterans. Each compatriot has a genealogical link to soldiers who sought to preserve constitutional freedom by fighting for Southern independence.

Membership in the SCV is a rewarding experience, offering a continuous bond—a bond once shared by the veterans themselves and preserved today by their descendents. Fellow compatriots enjoy many benefits, such as the right to attend local meetings in any of some 800 camps, a subscription to the bimonthly *Confederate Veteran* magazine, access to the Confederate grave registration and Confederate monument databases, the opportunity to meet and learn from fellow compatriots at division and national conventions, and the chance to learn more about our heritage through historical and genealogical research.

The SCV is non-political and non-sectarian. Membership is open to all male descendents of any veteran who served honorably in the Confederate armed forces. The minimum age for membership is 12, and an applicant must be able to establish his

kinship to a veteran through genealogical records. Both lineal and collateral kinship are acceptable.

A team of regional genealogists will be delighted to help potential members in proving their heritage by documenting an individual's relationship to his ancestor in the Confederate forces. In most cases, this process is not difficult. Give it a try, and establish a link to your past that will provide a valuable understanding of your American heritage for your family and future generations to contemplate and enjoy. It's fun, it's patriotic, and your posterity will be proud of the contributions your ancestor made to ensure American prosperity and the foundation upon which the nation was built.

Membership information: call 1-800-My-South

SCV International Headquarters
P.O. Box 59
Columbia, Tennessee 38402-0059

Learn more about the SCV by visiting our website at www.scv.org

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